JUN2024 RECOVERY SOLUTIONS GROUP CALENDAR

MON	TUE	WED	THU	FRI	SAT	
						01
03	04	05	06	07		30
Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm	Goals Group 9:15am Exercise group 9:30am Baking 12:00pm Member Meeting 1:00pm	Sewing 8:00 am Goals Group 9:15 am Community Reintegration Library outing 9:30 am Coping with Anxiety 1:00pm	Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30- 2:30pm	Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Karaoke 1:00pm		
10	11	12	13	14		15
Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm	Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Communication Skills1:00pm	Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Members Choice outing Seeking Safety 1:00pm	Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30- 2:30pm	Goals Group 9:15 am Art 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Karaoke 1:00pm		
17	18	19	20	21		22
Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm	Goals Group 9:15am Exercise group 9:30am Baking 12:00pm Member Music and Emotion1:00pm	Sewing 8:00 am Goals Group 9:15 am Community Reintegration Library outing 9:30 Coping with Depression 1:00pm	Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30- 2:30pm	Goals Group 9:15 am Coloring Contest 9:30 am Fresh Friday's Wellness / Cooking group 10:15am Ice Cream Social 11:30am Karaoke 1:00pm		
24	25	26	27	28		29
Goals Group 9:15 am Exercise 9:30 am Anger Management 12:00pm Games 1:00pm	Goals Group 9:15am Exercise group 9:30am Music and Emotion 12:00pm Communication Skills1:00pm	Sewing 8:00 am Goals Group 9:15 am 9:30 am Community Reintegration Members Choice outing Coping with Anxiety 1:00pm	Goals Group 9:15am Brain and Body 9:45am Wellness group 12:00pm Lavender Connection (LGBTQ+) 1:30- 2:30pm	Goals Group 9:15 am Fun Friday's Movie Day 9:45 am Karaoke 1:00pm		
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